

# 1-day Growth Mindset Programme (Virtual Learning)

## Participants

MPA Grade 11 to 13 Officers

## Training Service Provider

Integrated Learning Systems

## Overview

This programme is designed to help MPA's officers develop a growth mindset to build learning agility and resilience in the dynamic business environment. Participants will be provided with practical frameworks, tools and techniques to adopt and develop the right mindsets, improve the quality of their thinking and response, and build agility to grow continuously.



## What Will Be Covered

- Understand the importance of growth mindset
- Positively reframe their mindset to find opportunity and meaning amid challenges
- Develop learning agility and cultivate a resilient mindset that embraces change and lifelong learning for continuous growth